

14 Easy Ways for Men & Women to Look More Attractive, Check it Out!

1. Lasers:

• Fractional CO2 Laser:

It is useful for photorejuvenation, acne scars, striae, uneven skin tone, melasma etc.

• Q Switch Laser:

Useful for Post Inflammatory Hyperpigmentation, Melasma, Tattoo Removal.

• Hollywood Peel:

It corrects uneven skin, pigmentation, improves the appearance of pores, acne and scars and gives you glowing skin.

• Diode Laser (Laser Hair Removal):

Useful for removing unwanted hair (upper lip, chin, sidelocks, axilla, bikini area and other body parts).

2. Fillers:

It is used for treating grooves, folds, creases, scars, etc. It helps in addressing volume loss, wrinkles, hydration and atrophy. They are more commonly used for Undereye (dark circles) and Lip (plumper and fuller lips).

3. BOTOX:

It is used to remove wrinkles and create a more youthful look by reducing the appearance of facial lines (frown lines, glabellar lines, crow's feet, horizontal creases on forehead, lines of corners of lips , cobblestone skin of the chin).

4. Thread Lift:

It is an anti-aging treatment which lifts the sagging skin.

It is useful for improving skin texture, heavy facial lines, tone, wrinkles, laxity etc.

5. Dimple Creation:

The surgery is straightforward, scarless and done under local anesthesia as a day care procedure in which person comes without a dimple and goes with a beautiful dimple...

6. Scar Revision Treatment:

Scar is an end result of the local response of the skin to any trauma or injury. It can be revised by:

- **Lasers**
- **Revision Surgery:**

Subcision, Z-plasty, W-plasty, Geometric broken lines excision.
Dermabrasion, Laser ablation and shave excision etc.

7. PRP (Platelet Rich Plasma):

It is a certified procedure which has the growth factors and stem cells which has a significant role in hair growth and facial rejuvenation (Vampire Facial).

8. Chemical Peel:

It is a skin resurfacing procedure which rejuvenates the skin through rapid cell turnover.

It is useful in Acne, Melasma, Photodamage, Mild facial scarring, Skin Rejuvenation.

9. Hydrafacial:

Instantly resurfaces the skin, perfects the pores, minimises fine lines and infuses moisture in your skin. It also cleanses the skin and helps in removing blackheads, whiteheads etc.

10. Earlobe Repair / Ear Piercing:

Earlobe surgery is a day care procedure done under local anesthesia which will fix the split earlobe and enable you to wear earrings again.

Piercing of your ears should always be done in a sterile atmosphere at a hospital by a Plastic Surgeon so that it reduces the risk for stretching, tearing, infection and keloid scarring.

11. Keloid Treatment:

Keloid is an abnormal proliferation of the scar tissue that forms at the site of injury. It's treatment includes: **Inj Triamcinolone, Silicon Gel Sheets, Fractional CO2 Laser, Pressure Therapy.**

12. Micropigmentation:

It effectively reduces the visual impact scarring, burns or blemishes and vitiligo. It is also used for permanent make-up (eyeliner, eyebrows, lip color, etc).

- **SMP (Scalp Micropigmentation):**

It's a non surgical hair loss treatment during which pigments are applied within the Dermal layer of the scalp, replicating a natural look.

- **Microblading:**

It is a technique which is used to add semi permanent pigment to the eyebrows to create, enhance or reshape their appearance in terms of both shape and color.

13. Cyst / Mole / Warts Removal:

Treatment to help you achieve a blemish free, flawless skin. It can be done by: **Laser Treatment, Surgical Treatment.**

14. Stretch Mark Treatment:

It helps you feel more confident, comfortable and attractive about your own body.

Fractional CO2 laser helps you to reduce stretch marks.

There are other surgical options too for the same...

